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Covid-19 ‘Prevention concept’ for courses at Snowsports GmbH / Snowsports Academy

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1 Introduction

This security concept is intended to provide and set out a structured way to achieve our goal – To present an absolute minimum risk to those people visiting an event of the Snowsports GmbH / Snowsports Academy and concurrently presenting no higher risk to exposure to Covid-19 than they would otherwise be exposed to during any other contact with people in public space. This concept was created, based on our current knowledge of the situation and the typically occurring dangers which can occur during a training course.

2 Definitions and Symptoms of Covid-19

2.1 Covid-19 definition

- Confirmed case: every case with direct laboratory diagnostic evidence of Covid-19, regardless of whether they present the symptoms or not.
- Suspected Case: Anyone who meets the clinical criteria.
- Contact persons: Any person with whom the sick person has had contact, 48 hours before the illness / appearance of symptoms or 14 days afterwards.
- Asymptomatic people: people who have tested positive, without any symptoms.
- High risk contact:
 - Face to face contact for longer than 15 minutes with less than a 2-meter distance in between them
 - In the same room for more than 15 minutes with less than a 2-meter distance in between them
 - Registration by authorities
- Low risk contact:
 - Face to face contact for less than 15 minutes with less than a 2-meter gap
 - In the same room for longer than 15 minutes at a distance of more than 2 meters
 - In the same room for less than 15 minutes with less than a 2-meter gap

2.2 Covid-19 symptoms

Symptoms commonly associated with Covid-19 are:

Common symptoms:

- Fever
- Dry cough
- Tiredness
- Disruption of the sense of taste or smell

Other symptoms:

- Pain in the limbs
- Sore throat
- Diarrhoea
- Conjunctivitis
- A headache
- Skin rash

Severe symptoms

- Difficulty breathing or shortness of breath
- Chest pain or pressure

3 Admission requirements

For the safety of all participants, participation in a course is only possible with "Proof of low epidemiological risk". The following rules apply:

- **Proof of a valid corona vaccination:**
 - If two partial vaccinations are required (BioNTech / Pfizer, Moderna, AstraZeneca), the vaccination certificate is valid from the 2nd vaccination date,
 - Janssen / Johnson & Johnson, the vaccination certificate is valid from the 22nd day after the vaccination appointment.
 - For those who have recovered with a partial vaccination, the vaccination certificate is valid from the vaccination date.

- **Recovery Certificate:**
 - A recovery certificate - provided that this is recognized as "evidence of a low epidemiological risk" in the respectively valid ordinance of the health minister - replaces the obligation to vaccinate for the duration of the evidence of a low epidemiological risk. The "recovery certificate" can be called up online after logging in with a mobile phone signature or citizen card. It is also possible to have the health certificate printed out free of charge by the municipalities, district administrative authorities and the ELGS ombudsman.

- **Important note:** Antigen tests or PCR tests as well as separation notices and antibody tests are not considered admission requirements for participation in the course.

4 General instructions for training with the Snowsports GmbH / Snowsports Academy B.V.

- Compliance with Social Distancing - the currently applicable minimum distance rules in theory and practical lessons must be ensured.
- **If employees or participants feel ill at ANY part of the training, they are not allowed to turn up.**
- The basic rules for both theoretical and practical sessions as well as in all public spaces including in accommodation establishments are: If it is not possible to keep the minimum distance, a nose and mouth mask must be worn!
- A visor must **not** be used as mouth and nose protection.
 - If an employee / participant only wears a visor and has exposure to a corona positive person, then the visor does not ensure full protection, therefore the person concerned remains CAT 1 (=Isolation with 10-day quarantine).
 - If an employee / participant wears mouth and nose protection then they can be classified as a CAT 2 person! An official segregation (and as a result a possible closure of the whole Training) can thus be prevented.
- What can be used as full-fledged mouth and nose protection during the training courses:
 - MNS masks
 - Filtering half masks (FFP masks)
 - Neck scarf / tube scarf

4.1 Getting to the course

All participants are encouraged to arrive at the course in good health. If there are any signs of illness, travelling to the course is prohibited.

4.2 Course registration and room allocation

Course registration and room allocation is carried out in the seminar room in the entrance area of the Hotel.

- Avoidance of large crowds.
- Fast processing of the check-in.
- Wearing mouth and nose protection.
- Keep the distance.

4.3 Division into small groups

In order to protect against infection, small groups with one allocated coach are formed, which, during the training should not mix with other participants.

- The group formed at the beginning of the training remains the same during the entire training and is to remain unchanged. Change of participants from Group to group are not allowed.
- The theory lessons are held separately and in the same groups as in the practical. This is also led by the same instructor to prevent mixing of the participants.
- All theory lessons given are carried out by the group trainer.
- If it is not possible to keep the minimum distance, the nose and mouth protection is to be worn with diligence!
- The theory lessons for the individual groups take place separately in time; the Groups are divided by room and follow a separate time plan.

- Interruptions in the practical training (e.g. breaks, lunch, etc.) the group members remain together, as assigned at the beginning of the training and separate from the other groups training.
- As the training is in connection with an accommodation facility, the room allocations are planned as such that, where possible, the participants of a particular group, stay together.

4.4 Course opening

- The course opening will be divided into small groups in advance and carried out outdoors by each instructor with appropriate safety distances.
- The open air space, where the opening will be held is chosen so that the minimum distance and regulations are complied with where possible.
- If the minimum distance regulation cannot be observed,
 - The nose and mouth protection must be worn by persons and
 - the groups will be split immediately.
- All employees and participants are required to adhere to the recommended hygiene and precautionary measures both in, and out of the training environment. Throughout the duration of the course, gatherings of people such as private parties or local visits, are to be strictly avoided.

5 Instructions for the stay in the hotel

5.1 Hotel measures

- Wear nose and mouth protection when moving around in public areas in the hotel such as lounge areas, corridors, reception, etc.
- Compliance with a safety distance
- Breakfast and dinner:
 - seats are allocated for you at breakfast and dinner, no Mixing of the groups.
 - Breakfast is prepared at the table.
 - Dinner is either served or picked up from the buffet. The buffet area may only be entered in your allocated groups. (With face masks and social distancing). A hotel employee serves you dinner.

5.2 Hotel rooms

No mixing of the participants of different groups in one room. The following options are available to the participants in advance:

- Rooms with a minimum distance of 1.5 m at the standard price.
- Room with person living in the same household at the standard price.
- Double room with a surcharge of 110 € per person.
- Single room with a surcharge of € 275 per person.
- Own accommodation.

The participants can express their wish for a particular roommate in advance. They are then allocated the same group, so no mixing can take place.

6 Instructions for the practical sessions on the mountain

6.1 Travel to and from the ski area

The travel between the ski area and the accommodation must be organised by the participants themselves. This is usually done accordingly with the participants' private cars. Should anyone be arriving without their own car they can let the Snowsports Academy organisation team know in advance. Carpooling is then organised with no mixing of the groups, entirely on a voluntary basis. If there are not enough vehicles, taxis can be organized at an additional cost. Rules for common arrival and Departure:

- Wearing nose and mouth protection in the car
- Max. 2 people per row of seats

6.2 Cable cars and lifts

Cable cars and ski lifts are subject to the guidelines of mass transportation such as subways, public transport facilities, taxis etc. This regulates the following:

- Wearing nose and mouth protection in the lift
- Should the volume of passengers not allow the correct social distancing measures to be complied with, mass transportation is excluded because otherwise proper operation is not feasible.

6.3 Practical sessions on the mountain

The practical sessions on the mountain take place in the previously divided groups. There is to be no mixing.

- The meeting point of the individual groups at the beginning of the session on snow in the ski area is so big that compliance with adequate social distancing in accordance with regulation should not be unachievable.
- The meeting points for the individual groups are to be chosen so that it is ensured that the minimum distance between groups can also be adhered to.
- If it is not possible to keep the minimum distance, a face mask is mandatory. For everybody.

- Thorough hand washing, and disinfection should be carried out by all employees and participants carried out several times a day.
- Teaching aids are to be handed out personally, to be used individually and are to be cleaned and disinfected after use.
- There will be particular attention paid to the applicable COVID 19 rules and regulations set out by the accommodation facilities and cable car companies. These companies are not only helping out our snowsport courses but part of the main framework of running them. We point out that during your time training, all trainers, instructors and the participants are encouraged to obey them.

6.4 Theory lessons

Theory lessons will not take place together in the seminar room as usual, rather they will be carried out within the group by the trainer.

- When entering the seminar room and at the seat, mouth and nose protection must be worn.
- In the seminar room for theory lessons, it must be ensured that the minimum distance is observed.
- The classroom / seminar room is to be ventilated every 20 minutes ("intermittent ventilation"). The time required for this must be taken into account when creating the timetable.

6.5 General program - Exam opening / Theory exam / Certification:

- The general program items are also dealt with in the individual groups held by the trainer or with a reasonable safety margin and held outdoors. For measures see point "Theory Lessons".
- The space for the general program items is spacious enough so that compliance with the social distancing regulations is possible.

- If social distancing regulations cannot be adhered to, a face mask **MUST** be worn by everyone.
- Certification: Certificates are awarded without exception per group outdoors by the trainer of the respective group.

7 In the event of a Covid-19 infection or a suspected case the following measures are taken:

- Keep calm and stick to the measures of the prevention concept.
- Immediate isolation of the persons concerned and those who work with the person concerned and those who have been in contact with them (in the room). They are to be in contact with NO other people.
- Carry out a Covid-19 rapid test.
- If the result of the Covid-19 rapid test is positive, contact via telephone 1450 or, if necessary, the responsible authority.
- Clean all touched objects and areas.
- Create a list of the person and those who are in contact with the person have been in contact with (e.g. within 2 meters at dinner, in the same group, etc.)
- Further processing according to the instructions of the competent body or auth